

Amanda P. Orton, LMFT
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Professional Disclosure Statement

Philosophy and Approach to Counseling:

Depending on the needs of my clients, I practice a variety of therapeutic orientations which may include Cognitive Behavioral Therapy, Family Systems treatment, and psycho-educational approaches. It is my desire as a therapist to help my clients gain a better understanding of themselves, their problematic and possibly self-destructive patterns, how to view situations in a different, more effective way and how to make positive changes in their lives and relationships.

I expect my clients to assume an active role in their therapy, taking responsibility for their counseling experience by coming to therapy regularly, prepared to process and be forthcoming with information about themselves. I go into each and every therapeutic relationship with the expectation that my client's quality of life will improve.

Formal Education and Training:

I hold a Masters degree in Counseling Psychology from National University and a Bachelors degree in Psychology from California State University, Fresno. Major coursework included: Couples and family therapy, child and adolescent therapy, addictions, relational violence, group therapy and aging.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by the Oregon Licensing Board's Code of Ethics set forth in OAR chapter 833, division 100. To maintain my license I am required to participate in annual continuing education, taking classes dealing with subjects relevant to this profession. I may substitute professional supervision as part of this requirement.

Fees:

My standard cash fee for service is \$80 a session for individuals and \$100 a session for couples and families. Court appearances and court preparation costs are \$300 an hour. No additional fees will be charged (other than a no show fee of \$40, when applicable) and no additional fee will be added to another set fee such as a hospital room daily charge. I accept **cash, check and credit card**. Payment is due at the conclusion of the session unless other arrangements are made.

As a client of an Oregon licensee you have the following rights:

- * To expect that a licensee has met the minimal qualifications of training and experience required by the state law.
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee
- *To obtain a copy of the Code of ethics.
- *To be informed of the cost of professional services before receiving the services.
- * To be assured of privacy and confidentiality while receiving services as defined by rule and law including the following exceptions: 1) Reporting suspected child abuse 2) Reporting imminent danger to client or others 3) Reporting information required in court proceedings or by client's insurance company 4) Providing information concerning licensee case consultation or supervision 5) Defending claims brought by client against licensee
- * To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Professional Counselors and Therapists at: 3218 Pringle Rd. SE #250, Salem, OR 97302-6312; Telephone (503) 378-5499; Website: <http://www.oblpct.state.or.us/>
Licensee and licensee disciplinary information is available on the Board's website.